



## PSHE Subject Overview including RHE

(Some topics bridge one or more themes and other aspects are taught through science or computing as and when the circumstances require it)

Key Themes						
Physical Health and Mental Wellbeing			Relationships Education		Living in the Wider World	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Taught across all areas of the curriculum through planned provision					
Reception	<b>Rules and Responsibilities</b>	Taught across all areas of the curriculum through planned provision				
Year 1	<b>Rules and Responsibilities</b>	<b>Feelings - Zippy Module 1</b>	<b>Keeping Safe</b>	<b>Communication – Zippy Module 2</b>	<b>Healthy Lifestyles</b>	<b>Communities</b>
Year 2	<b>Rules and Responsibilities</b>	<b>Making and breaking relationships – Zippy Module 3</b>	<b>Changing and Growing</b>	<b>Conflict Resolution – Zippy Module 4</b>	<b>Money</b>	<b>Emotions</b>
Year 3	<b>Rules and Responsibilities</b>	<b>Healthy Lifestyles</b>	<b>Resilience (Bullying)</b>	<b>Safety (E-safety)</b>	<b>Similarities and Differences We cope – Zippy Module 6</b>	<b>Emotions</b>
	<b>Collaboration</b>	<b>Nutrition and Food</b>				
Year 4	<b>Rules and Responsibilities</b>	<b>Physical, Emotional and Mental Health</b>	<b>Economic Awareness (Managing Money)</b>	<b>Communication – Apple Module 2</b>	<b>Growing and Changing</b>	<b>First Aid</b>
	<b>Feelings – Apple Module 1</b>					<b>Aspirations</b>
Year 5	<b>Rights and Responsibilities</b>	<b>Nutrition and Food</b>	<b>Friendship – Apple Module 3</b>	<b>Safety: Drugs, Alcohol and Tobacco</b>	<b>Solving Problems – Apple Module 4 Include cyber bullying</b>	<b>Health – Physical, Emotional and Mental</b>
Year 6	<b>Rights and Responsibilities</b>	<b>Changes - Apple Module 5</b>	<b>Healthy Relationships</b>	<b>Aspirations</b>	<b>Business Enterprise and Economic Awareness</b>	<b>Moving Forward – Apple Module 6</b>  <b>Transition School Nurse Visit</b>