



## Subject Overview:

PE 2022/23

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Fine and Gross MS Movement skills  Multi-skills SPLAY (Moving On)	Fine and Gross MS Movement skills  Multi-skills SPLAY (Gymnastics)	Fine and Gross MS Movement skills  Multi-skills ABC Stations	Fine and Gross MS Movement skills  Multi-skills Open Activities	Dance  Multi-skills Ball Skills	Dance  SPLAY (Athletics)
Year 1 & 2 Cycle A (22/23)	Gymnastics  Multi-skills ABC Stations	Dance  Multi-skills Agility Activities	Gymnastics  Multi-skills Coordination Activities	Dance  Multi-skills Sending and Receiving	Team Games  Striking Activities	Tennis  Athletics
Year 1 & 2 Cycle B (23/24)	Gymnastics  Multi-skills ABC Stations	Dance  Multi-skills Travelling	Gymnastics  Multi-skills Jumping	Dance  Multi-skills Sending and Receiving	Team Games  Striking Activities	Cricket  Athletics
Year 3	Gymnastics Swimming  Hockey	Dance Swimming  Rugby	Orienteering Swimming  Football	Gymnastics Swimming  Netball	Dance Swimming  Cricket	Orienteering Swimming  Athletics
Year 4	Gymnastics  Hockey	Dance  Rugby	Gymnastics  Football	Orienteering  Netball	Dance  Cricket	Athletics  Athletics
Year 5	Gymnastics  Football	Dance  Basketball	Dodgeball  Lacrosse	Handball  Football	Orienteering  Tennis	Athletics  Rounders
Year 6	Gymnastics  Football	Bench Ball  Basketball	Dance  Lacrosse	Handball  Football	Orienteering  Tennis	Athletics  Rounders